

scottishathletics



**NATIONAL ROAD RELAY
CHAMPIONSHIPS
MEN 6 STAGE WOMEN 4 STAGE**

SUNDAY 29th MARCH 2015

LIVINGSTON (Almondvale)

supported by



**West Lothian
Council**

TIMETABLE

DECLARATIONS CLOSE	11.30am
RACE STARTS	12.00 NOON

NUMBERS

SHORT LAP (3.15 miles)	RED NUMBERS
LONG LAP (5.8 miles) Women	YELLOW NUMBERS
LONG LAP (5.8 miles) Men	GREEN NUMBERS
LAST MEN'S LONG LEG (5.8 miles)	WHITE NUMBERS

M50 Men's Teams run 4 legs only and have an "X" next to their number
W50 Women's Teams run 3 legs only and have an "X" next to their number

SCOTTISH ATHLETICS
ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convenor	John Rodger
Hon. Secretary	Alex Jackson
Assistant Secretary	Margaret Daly
Finance Officer	Graham Sword

OFFICIALS

Referee:	Ron Morrison
Clerk of Course	Alex McEwan
Course Consultant	Ted Finch
Announcers	Graham Bennison
Starter:	Barry Craighead
Judges/ Changes	Dave Cairns (Chief), Fred McCluskie, Barry Craighead
Timekeepers:	Joe Bruce (Chief), Graham Sword, Cyril McPherson
Recorders Times	Molly Wilmoth, Elsie Oberg
Recorders Places	Neil Donachie (Chief) Margaret Daly, Linden Nicolson, Bill Grant, Sandy Cameron
Declarations:	Marion Donachie, Marjory Cook, Sandra Hardacre
Results:	Marion Donachie, Marjory Cook, Ron Morrison
Presentations	Sandra Hardacre
Course Marshals	Edinburgh AC, Hunters Bog Trotters, Corstorphine AAC, Central AC, Ron Hill Cambuslang H, Lothian RC, Livingston & D AAC , Falkirk Victoria H and JogScotland
Convenors	Alex Jackson, Alex McEwan

Messages

I am pleased that West Lothian council in conjunction with our partners In Scottish Athletics and the valued volunteers in the thriving local clubs are able to host this championship road racing event again this year. In particular, Lothian Running club were of great assistance in the planning and operation of the event and this continues the great work of club legend Martin Hyman. I hope that all the veteran and senior teams enjoy the competition and their performance rewards the training and effort on the day.

Athletics is still a key sport in West Lothian with development programmes in Sportshall Athletics, Giant Heptathlon and cross country in the schools with pathways in place to the three local clubs who follow this good work up. There is a lively club together officer at Livingston and District Athletics club and their open graded meetings continue to attract a good level of attendances. Lothian Running Club is a hard-working endurance club at championship events and promote events such as the popular Dechmont trail run. Linlithgow Athletics Club continues to manage the Linlithgow 10k and long may that event stay in the fixture list.

I wish you all every success and a safe journey home after a quality cool down and a snack at our host school St Margaret's Academy.

Keir Stevenson Sport and Outdoor Education Manager.

'The Relay Athletics Championships is one of many events being delivered throughout West Lothian contributing towards achieving a lasting legacy. Supplying community individuals with regular opportunities to showcase sporting talents furthermore supports club growth and future sustainability, increasing physical activity levels alongside gaining essential life skills. Athletics has a track record of success throughout a number of years and because of such this is represented throughout the four National Legacy themes highlighted as being Active, Flourishing, Connected and Sustainable. I would like to thank the volunteers and support staff of this event that which is helping to build strong sporting pathways in West Lothian now and for future generations.'

Dave King Executive councillor for culture and leisure,

The first Scottish Women's Road Relay Championships was held at Scotstoun in Glasgow on the 29th January 1972 under the auspices of the Scottish Women's Cross Country Union.

The Scottish Men's 6 Stage Road Relay Championship did not appear until 31st March 1979 under the auspices of the Scottish Cross Country Union. It was devised as a contingency plan for the time that the Edinburgh to Glasgow Relay would be no longer viable due to traffic. This happened on 28/3/1998.

With the advent of the Scottish Athletics Federation there was a rationalisation of the Road Relay Championships. The Senior women's event continued but women's teams also started competing unofficially in the 6 stage relay in 1996. Since 28/3/1998 the women have run a 4 stage Championship in conjunction with the men's 6-stage relay with both races using the mixed long and short leg format.

A Master's Championship was incorporated in 2005 for men and adopted for the women in the new championship in 1998. In 2013 an over 50 event with 4 legs for men and 3 for women was added to the Championship diet.

All of this can be viewed at the Road Running & Cross Country Commission's results Archive which may be viewed at

<http://www.salroadrunningandcrosscountrymedalists.co.uk/index.html>

It contains details of teams, team members, venues, results, entry & finish statistics, programmes and a race analysis. If you have run in these championships you will find your name there.

This is now the 17th year that the Championships have been held in Almondvale, Livingston and once again we are grateful for the continued support given by West Lothian Council. The continuity and the stability of the venue gives an extra edge to the results in that athletes, teams and even statisticians can compare performances with previous results.

We are indebted to the convening committee of Alex McEwan, Alex Jackson and Ted Finch for organising the event along with the course marshals from Lothian RC, Edinburgh AC, Corstorphine AC Hunters Bog Trotters, Central AC, Ron Hill Cambuslang, Livingston & D, JogScotland as well as members of staff from West Lothian Council .

We add to that the many Officials and helpers whose preparation and planning make this event such a success

John Rodger Convener, Road Running and Cross Country Commission

On behalf of scottishathletics I would like to welcome you to the 2015 Scottish National Road Relays being held on this great course in Livingston.

As with other Championship events the entry this year is a record with 139 teams taking part, 55 being women's teams, the highest number since the event started. Athletes to look out for are: Freya Ross, Morag MacLarty, Joasia Zakrzewski, Hayley Haining, Derek Hawkins, Luke Traynor and Ross Houston.

I would like to take this opportunity to thank West Lothian Council who have continued to support this event for the past 17 years and with record entries it is obviously a course enjoyed by athletes and clubs.

My thanks also to the Road Running & Cross Country Commission for organising today's event who ensure that the course and venue are prepared and ready for some exciting battles.

To all athletes competing, enjoy and have a successful day.

Leslie Roy President Scottish Athletics

Livingston North
Station

National Road Relay Championships

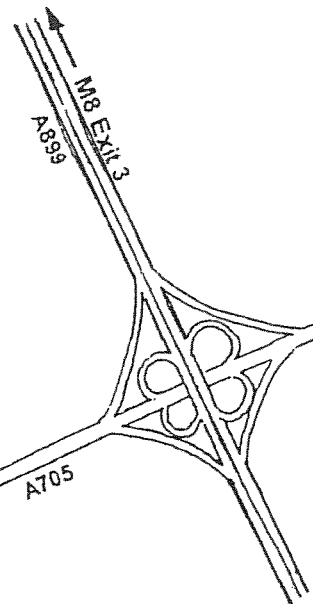
Men 6 stage. Women 4 stage.

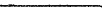
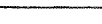
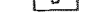
Almondvale, Livingston

12 noon start



West Lothian
Council



Key	
Road	
Asphalt	
Footpath	
Cinder	
Footpath	
Railway	
Long Lap	
Short Lap	
Cut Off	
Miles to go markers	

Scale in Metres
0 200 400 600 800

St John's
Hospital

St Margarets Academy

S/F

Stadium

PARKING

River Almond

Whitburn A705

A705

4

3

2

2

5

1

WOMEN'S 4 STAGE HOLDERS

**Senior/ Junior CENTRAL AC
Masters GALA HARRIERS
W50+ CENTRAL AC (3 stage)**

141,142,143,144

Bellahouston H

Erica Christie (F55); Caroline Cochran (F40);
Bernadette O'Neil (F45); Katy Smith (F40);
Carole Spy (F50); Laura Ritchie;
Emily Jackson; Janine Dickie;

Lisa Gilmore (F40); Kristina Greig;
Deirdre Hoyle (F60); Carol Keenan (F55);
Gael McCallum (F40); Susan MacRitchie;

145,146,147

Bellahouston RR

Shona Donnelly (F45); Madeline Smillie (F40);
Ciara Baxter; Jane Wild (F45);
Jill Herbert; Maree Shepherd;
Jane Galt (F50); Louise Ross;

Mary Senior (F40); Elaine Somerville (F40);
Helen Craig; Hayley McCrorie;
Rose McRobert (F40); Judith Macgregor;
Kirsteen Paterson (F40); Lynne Goldie (F45);

148

Calderglen H

Frances Maxwell (F50); Alexandra Hayden;
Sandra Reid (F40); Ruth Kelly (F45);
Alison Lessells;

Joanne McEvoy; Julie Beveridge;
Mary Goldsmith (F55); Karen Allen;

149,150,151

Central AC

Morag MacLarty; Claire Houston;
Hazel Dean (F50); Jane Waterhouse (F60);
Alison McDonald; Kathryn Gillespie (FU20);

Lyndsay Morrison; Fanni Gyurko;
Patricia Milne (F50); Natalie Milne;
Kiri Stone;

152

Corstorphine AAC

Fiona Carver (F55); Megan Smith;

Janet Grigor (F45); Laura Forrester;

153

Dumfries RC

Lisa Finlay (F45); Sian Finlay (F45);

Joasia Zakrzewski; Sarah Queen;

154

Dundee RR AC

Jane Dunlop; Rosie Doull;

Alison McIntosh (F55); Kate McIntosh (FU20);

155,156,157

Edinburgh AC

Amanda Woodrow; Karen Dobbie (F45);
Sharyn Ramage (F50); Nikki Gibson;
Madeleine Murray; Hannah Waugh;

Freya Ross; Catherine Ferry (F40);
Lyndsey Fraser; Lauren Stoddart;
Catherine McKelvie; Mireille Captieux;

158,159,160

Edinburgh University H&H

Ellie Buchan; Stephanie Lawrie;
Bronagh Wishart (FU20); Sarah Douglas (FU20);
Sophie Horrocks; Amy Frankland (FU20);
Louise Mercer (FU20); Iona Evans (FU20);

Hazel Murray; Sophie Collins (FU20);
Eliza Cottington (FU20); Sarah Henderson;
Mhairi MacIennan (FU20); Stephanie Pennycook (FU20);
Amy Bristow (FU20);

161,162,163

Falkirk Victoria H

Janette Stevenson (F65); Fiona Matheson (F50);
Megan Davidson; Tara Donnelly;
Monica Anderson (F45); Emma Thomson;

Beryl Junnier (F50); Allison Christie (F40);
Fiona Thomson (F45); Louise Fields;
Angela Colley (F40);

MEN'S 6 STAGE HOLDERS

Senior/ Junior CENTRAL AC

Masters RON HILL CAMBUSLANG HARRIERS

M50+ RON HILL CAMBUSLANG HARRIERS (4 stage)

1,2

Aberdeen AAC

**James Joy;
Jordan Chapman (MU20);
Euan Webster (MU20);
Athol Burnett (M 50);**

**William Mackay;
Steven Murray (MU20);
Alasdhair Love;
Fraser McGillivray;**

**Matthew Kilner (MU20);
Michael Ferguson (MU20);
Lukasz Czyzycki;
James Gray;**

**Callum Symmons (MU20);
Andrew Ferguson Jnr;
Michael Simpson;**

3,4,5,6,7

Bellahouston H

**Alastair Sinclair (M 55);
Cris Walsh (M 40);
Donald Kennedy (M 40);
Iain burke (M 65);
Michael Freshour (M 50);
Stuart Miller;
Ian Goudie (M 55);**

**Brent Brodie (M 40);
Darren McQuade;
Douglas MacGregor (M 55);
Iain Morrison (M 50);
Paul Clawson;
Thomas Smith;
Gerry Tralongo (M 45);**

**Brian Douglas (M 40);
Darren Murray (M 40);
Francis Gilroy (M 50);
Ian Sim;
Stephen Mcgeough;
Thomas Keenan (M 60);
Colin Clews (M 45);**

**Colin Thomas;
David Reynolds;
Gordon Stevenson (M 45);
John Softley (M 65);
Stuart Macdougall;
Robert Carson (M 60);
Gordon Gallacher (M 40);**

8,9

Bellahouston RR

**Bruce Carse;
Brian O'Donnell;
Iain Burns;
Hamish Barbour (M 50);
Thomas O'Connell;
Kevin Queenan (M 40);
Russell Whittington (M 40);**

**Andrew Campbell (M 40);
Bob Reid ;
Graeme Paterson (M 40);
peter Gallanagh (M 45);
Derek Rigmand (M 45);
Craig Reid;**

**Anthony McParland (M 45);
Greig Glendinning (M 40);
Timothy Martin;
Keith Gibb (M 50);
George Rooney (M 40);
Nick Reid ;**

**Gerry Hanlon (M 50);
Ciaran Douherthy;
Henry Merriweather (M 40);
Grant MacDonald;
David Stakes (M 50);
David Weatherhead;**

10,11,12

Calderglen H

**Russell Couper (M 50);
Jim Holmes (M 45);
Andrew Henderson (M 60);
Martin Duthie (M 50);
Richard Lawton (M 40);
Stephen Phimister (M 45);
Hugh Simpson (M 50);**

**Alan Derrick (M 50);
Edward Reid (M 50);
Gerard Mullen (M 55);
John Freer (M 60);
Philip Marshall (M 55);
Ian Rae (M 45);
Charles Steven (M 50);**

**Andy Buchanan;
Andrew McCaffery (M 50);
Kenny Leinster (M 55);
Martin Howell (M 45);
John McBride (M 55);
Graham Ramage (M 40);
David Watt (M 50);**

**William Buchanan (M 60);
Colin Banks;
Geo Ferguson (M 55);
Ian Hughes (M 45);
Charlie McDougall (M 65);
David Searil (M 60);
Jim Mearns (M 50);**

13,14

Carnegie H

**Ian Robert Johnston (M 55);
Scott Love;
Scott bradley (M 40);
John Hynd (M 55);
Steven King (M 40);
David Clark;
Martin Butcher;**

**Malcolm Smith (M 50);
Ian Stewart (M 55);
Allan Brannigan (M 50);
Paul Kieran (M 40);
Andrew Smith ;
Kevin Davie;
Calum Vallance (M 45);**

**Barry Davie;
Jonathan Millar;
Alan Cockburn (M 50);
Robert Milton (M 50);
Nicholas Weir (M 45);
Mike Harvey (M 50);
Iain Taylor (M 45);**

**John O'Connor (M 55);
John Fulham (M 40);
Peter Humphreys (M 50);
Kieran Morgan (M 50);
Peter Simpson (M 55);
Steven Honeyman (M50);**

15,16,17,18,19,20

Central AC

**Colin Alexander (M 40);
Scott Brember (M 40);
Aidan Cameron (MU20);
Gordon Crawford (M 50);
Allan Gall (M 55);
Roger Greenaway (M 60);
Kenneth Hislop;
Hugh Kerr (M 50);
Liam McCabe (M 50);**

**Gordon Appelbe;
Hugh Buchanan (M 50);
Cameron Campbell (M 55);
Jamie Crowe (MU20);
Ewan Gault;
Alastair Hay;
Ross Houston;
David Lindsay;
Conan McCaughey;**

**Simon Barlow (M 45);
Andrew Butchart;
Dale Colley (MU20);
David Eckersley (M 50);
William Gault (M 65);
Alexander Hendry;
Robert Hutchison (M 50);
Fraser Logan;
Jamie McDonald;**

**Cameron Boyek;
Neil Cameron (M 45);
Richard Coombs (M 45);
Attila Emmer (M 40);
Scott Green;
Will Hensman;
Ewan Jack (M 40);
David MacKinlay;
Scott McDonald;**

Christopher Mchardy;
Cameron Milne;
Donald Shaw (M 45);
Stuart Watson (M50);
Philip Wright (MU20);

David MacNamee;
Raymond J Milne (M 50);
Daniel Stansfield (MU20);
Tom Watson;
Fraser Purves (M 40);

Lewis Millar;
Billy Mitchell (M 50);
Robert Steel (M 45);
Philip Williams (M 40);
Robert Russell;

John Millar (M 60);
Robin Mussett (M 50);
Aidan Thompson (MU20);
Michael Wright;

21

Clydesdale H

Michael Diver (M 45);
Tony Dolan (MU20);
Iain Robertson;

David Brown;
Ryan Nelson;
Paul McKendry (M 55);

James Austin (M 45);
Craig Prior;
Ryan Savage;

Paul Carroll (M 45);
Peter Rudzinski (M 60);

22,23,24,25,26,27

Corstorphine AAC

Michael Crawley;
Howell Craske;
Donald Macaulay;
Tom Cunningham;
Jonathan Carpenter;
Ross Milne;
Graeme Fletcher (M 50);
David Dorward;

Dermot Cummins;
Moray Anderson;
Martin Caldwell (M 60);
Stuart Campbell (M 45);
Scott Pilkington;
Thomas Wilson;
Alan Cameron (M 45);
Steven Blair (M 50);

Calum McKenzie;
Bryan Clark;
Christopher O'Brien;
Stuart Livingstone;
Alastair Brockie;
Ian Johnston (M 50);
Nicholas Brown;
Cathal McCarthy;

Keith Hood (M 40);
Tom Ferrington;
Dougie Selman;
Paddy Jumelle;
James Harrison;
Ronald Nolan (M 45);
Ian McPherson (M 45);
Andrew Christy;

28

Dundee Hawkhill H

Gordon Barrie (M 40);
Matthew Strachan (M 50);
Des Crowe (M 50);

Nigel Reynolds (M 50);
Charles Haskett (M 55);
Chris Reid ;

Gary Bruce;
Roger Van Gompel (M 45);
Bruce Scott (M 40);

Neil Gunstone;
Craig Ross (M 55);
Billy Gibson;

29

East Kilbride A.C.

Vincent Hastings (MU20);
Grant Baillie;
Graeme Haddow (M 50);

Jamie Clements ;
Jack Kirwan (MU20);
Derek Leitch (M 60);

John Fergusson;
David Thomson;
Willie Taylor (M 45);

Niall Walker;
David Gorman ;
Brian O'Neill (M 40);

30,31,32,33

Edinburgh AC

Joshua Arthur;
Andrew Cumine;
Iain Craven;
Martin Ferguson (M 50);
Brian Howie (M 60);
Nikhil Mair;
John Mowbray;
Neil Renault;
Eric Stevenson (M 65);

Gab Bucciarello;
Jonathan Currie (MU20);
Jamie Doris ;
Cameron Gilmour (MU20);
Neil Jack;
Ruaridh Miller (MU20);
Matthew Newnham (M 55);
Garry Robertson (M 50);
Owain Williams;

Robert Bough (MU20);
Chris Creegan (M 50);
Keith Dunlop;
Robert Hamilton (M 40);
Bryan Mackie;
Alex MacEwen (M 60);
Malcolm Parry (M 40);
David Sidebottom;
Nicholas Wolverson;

Michael Cameron (MU20);
Dean Cooper-Cunningham;
Malcolm Fraser;
Ian Hall (M 50);
Eoghan Maguire;
Mark MacDermot (MU20);
Callum Reid;
Peter Simpson;

34,35

Edinburgh University H&H

Scott Stirling;
Andrew Lawler (MU20);
Caleb Hia;
Jacob Adkin (MU20);

Ben Stevenson;
Ewan Davidson (MU20);
Calum Murray;

Christopher Fife;
Jack Luscombe;
James Dunn (MU20);

James Thomas (MU20);
Fraser Drummond (MU20);
Timothy Gibney;

36,37

Falkirk Victoria H

Peter Moffett;
Kenny Gray;

John Brogan;
Barry McComish;

Steve Feltbower;
John Denholm (M 60);

Stuart Douglas;
Malcolm Finlayson (M 45);

38,39

Fife AC

Calum Harvie (M 40);
Chris Russell;

Graham Kirby (M 45);
Bryce Aitken (M 55);

Ronan McKinstry (MU20);
Kenneth Anthony (M 50);

Daniel Newman (M 45);
Gary Barker (M 55);

Graeme Barker;
Colin Brown (M 45);
John Kay (M 55);
Daniel MacQueen;
Steven Pennycook (M 55);
Keith Taylor;

Luca Basso (M 45);
Scott Cassidy;
John Keenlyside (M 60);
Neil Millar (M 40);
Roger Rees (M 45);
John Thomson (M 55);

Graham Bennison (M 65);
Ruwan Fernando (M 45);
Jimmy McIntyre (M 45);
Michael Mitchell (M 45);
Paul Roarty;

George Black (M 75);
Jacob Howe (M 40);
Frank McLaren (M 65);
Andrew Murphy;
David Shepherd (M 50);

40,41,42

Gala H

David Moffat (M 40);
James Purves (M 55);
William McCulloch (M 55);
David Nightingale (M 55);
Mark Bryson (M 45);

Wayne McIntosh (M 40);
Andrew Lawrie;
Derrick Brydon (M 45);
Colin McCall (M 40);
Rory Campbell (M 40);

Graeme Murdoch ;
Darrell Hastie;
Fergus Johnston;
Jamie McGowan;
Alistair Laurie (M 50);

Ian Maxwell (M 50);
Thomas Knox (M 50);
Magnus Ingles;
Steven Martin (M 40);
Paul Daly (M 45);

43,44

Garscube H

Howard Smith;
Barry Queen;

David Geddes (M 55);
Andrew Robert Gibson;

Daniel Burns;
David Dickson (M 55);

Stephen Cullen (M 55);

45,46

Giffnock North AAC

Luke Traynor;
Andrew Clark (MU20);
James Galbraith (M 55);
Neil Deerey (M 45);

Grant Muir;
Chris Greenhalgh (M 40);
Ted Gourley (M 50);

Jack Walker;
Michael Hampson (M 50);
Billy Clark (M 50);

Kerrick Hesse;
Keir Geatrell;
Alan Stewart (M 65);

47,48

Hunters Bog T

George Ashley;
Ian Campbell (M 45);
Hector Haines;
James Jarvis (M 40);
Dave Matthews;
Donald Naylor (M 40);
Murray Strain;
Dave Ward;

Will Hugh Bailey;
Daniel Clements;
Simon Harrison;
Huw Jones;
Peter McClelland;
Ivor Normand (M 50);
Jim Thyne (M55);
Ray Ward;

James Bowden;
Ewan Crawford;
Alistair Hart (M 40);
Steven Laverty;
Stuart Mounce;
Jon Rathjen (M 45);
William Townsend;
David Wright;

Tomas Bridgeman;
Patrik Gierjatowicz;
Jonathan Henderson;
Tom Martyn ;
Phil Mowbray (M 40);
James Rogers;
Doug Tullie;
Duncan Coombs;

49,50

Inverclyde AC

Gerard Gaffney (M 55);
Craig Winter (M 45);
Michael Houston (MU20);

Tom Tracey (M 60);
Sean Gaffney;

John Bannister (M 55);
Greg Williams (MU20);

Matthew Thomson;
Stephen Cooke;

51

Irvine RC

William Richardson (M 40);
Colin Miller (M 55);

David Millar (M 45);
George Irving (M 50);

Alex Allardyce (M 40);
James Sneddon (M 45);

Mark livingstone (M40);
Alastair Macfarlane (M 45);

52,53

Kilbarchan AAC

Callum Hawkins;
Steven Hill;
Donald Petrie;
Norman Groves (M 50);

Derek J Hawkins;
Scott MacAulay (MU20);
Bastian Gloeden (M 50);

Euan Gillham (MU20);
Callum Matthews (MU20);
Gianni Pagliocca;

Gavin McArdle (MU20);
Gary Downey;
Ryan Waldron;

54

Kilmarnock H&AC

Scott Martin (M 45);
Keith Hanning (M 45);
Cameron Wilson;

Connell Drummond (M 40);
Alister Neil;
David Mcleod (M 45);

Anthony Rodden;
John Parker (M 50);
James Wales;

Brian Darroch (M 40);
Colin Glencorse (M 40);

55,56,57,58

Kirkintilloch O

William McNeill (M 60);
Sean Casey (M 45);
Graham McCabe (M 40);
Gordon Humphreys (M 40);
Robert Keenan;
Kieran Pugh (MU20);
David Gates (M 45);
Stuart Kerr (M 40);
Paul O'Connor;

Robert Watson (M 55);
Vincent Carroll (M 45);
Mark Welsford (M 40);
Gary Shaw (M 40);
Euan Craig;
James Gallacher (M 50);
Paul Reilly (M 45);
Daniel Chandler (M 40);
Colin Simpson (M 55);

Robert Rogerson (M 50);
Derek Martin (M 45);
Louis O'Hare (M 40);
Paul O'Hare (M 40);
Craig Allan;
Cornel Neil (M 50);
John Pugh (M 45);
Colin McNair (M 45);

Howard Elliott (M 45);
David Hogg (M 40);
Stephen Allan (M 40);
Robert Bartley;
David Scott;
William Baird (M 50);
David Gardiner (M 45);
Scott Bradley;

59

Law & District AAC

Darran Muir;
Thomas Lafferty;
James Rowley (M 65);
Mark Hand (M 40);

Stephen Allen (M 45);
Patrick Kelly (M 65);
Ross Hill (MU20);
Jamie McMorrow;

Luke Foss (MU20);
James Scullion;
Jonathan Kennedy (MU20);
Ross MacDonald (MU20);

Anthony Higgins (M 40);
Jim Gillon (M 50);
Stuart Leghorn (MU20);

60,61,62,63

Lothian RC

Colin Partridge;
Neil Graham (M 45);
Stephen Malcolm (M 45);
Andrew King;
Calum Ross (M 50);
Ian Hall (M 50);
Ian Leggett (M 75);
Alan Robertson (M 60);
Hugh Miller;

Malcolm Lang;
Pol MacDonald (M 45);
Kenny Mearns (M 55);
Daniel McLaughlin;
Graeme Ackland (M 50);
David Berrill;
Gerard McCafferty (M 50);
Colin Wishart (M 40);
Martin Leadbetter (M 55);

Paul Young (M 45);
Peter West (M 55);
Ted Finch (M 60);
Harry Mulholland (M 50);
Kenton Jones (M 50);
David Eades (M 45);
Colin Meek (M 50);
Stewart Kerr (M 40);
Finlay Slane (M 55);

Alan Moffat;
Stig Walsh (M 45);
Scott Nelson (M 45);
Martin Leadbetter (M 55);
James Alexander (M 50);
Mike Lieberman (M 60);
Brian Reid (M 50);
Max Mcneil ;

64,65,66

Metro Aberdeen RC

Andrew Thompson;
Phil Mann (M 55);
Alasdair MacMillan;
Jeremy Kibble;
Michael Kane (M 50);
Ian Urquhart;
George McPherson (M 55);

Adam Scragg;
Graham McFarlane (M 40);
Barry Gibson;
Steve Buchan;
Stephen Smith;
Christopher Hanton;
Robert Taylor (M 55);

Callum Walker;
Tom Brian;
Gavin McLennan;
David MacLennan;
Peter Jennings (M 55);
Steve Forbes (M 45);

William Gavin Reid (M 45);
Stuart Milne;
Takayuki Kurata;
Ian McGregor;
Roddy McLeod (M 45);
Barry Ingram;

67,68,69

Motherwell AC

Nicholas Hughes;
James Proffitt (M 50);
Peter Blackmore (M 40);
John Burns (M 50);

Brian McLinden (M 60);
Thomas Sneddon (M 40);
Andrew Buchanan (M 40);
Benjamin Hands (M 50);

Mark Gallacher (M 40);
Kevin Durnian;
John Hughes (M 55);
Alan Tait (M40);

Robert Pattinson (M 45);
Gary Wood;
Ross Burton;
Christopher MacDonald;

70

Pitreavie AAC

Colin Lamont;
Ben Potrykus (MU20);

Scott McAlpine (MU20);
Neil MacLachlan;

Jeff Farquhar (M 55);
Brian Murray (M 65);

Graeme Crane;

71,72,73,74,75,76

Ron Hill Cambuslang H

David Cooney (M 65);
Colin Feechan (M 55);
Alick Walkinshaw (M 50);
James Healy (M 45);
William Fairley (M 45);
Tony Mccutcheon (M 45);
David Stirling (M 40);
Robert Gilroy;
George Pettit;
Stuart Gibson;
Alasdair Campbell;
Stephen (jnr) Paris;
Ross Stephen (MU20);

Peter Ogden (M 60);
Des Dickson (M 55);
Chris Upson (M 50);
Kenny Macpherson (M 45);
Michael O'Hagan (M 45);
Kerry-Liam Wilson (M 40);
Steve Wylie (M 40);
Iain Reid;
Gordon Robertson;
Shaun Butler;
Wegene Tafese;
Grant Sheldon;
Brendan Carey (MU20);

Francis Hurley (M 60);
Edward Carr (M 55);
Charlie Thomson (M 45);
Iain Crawford (M 45);
John McCluskey (M 45);
Brian Campbell (M 40);
Jamie Reid (M 40);
Benjamin Hukins;
David Munro;
Grant Burnett;
Kyle McLellan;
Ryan Thomson (MU20);
Jack MacGregor (MU20);

Paul Thompson (M 55);
David Thom (M 50);
Daniel O'Connell (M 45);
Alan Ramage (M 45);
Greg Hastie (M 45);
Craig Harrow (M 40);
Michael Barker (M 40);
Shazad Hakeem;
Iain MacCorquodale;
Alistair Campbell;
Bobby Bristow;
John Ball (MU20);

77,78,79,80

Shettleston H

Michael Paxton;
Peter Mackie;
Paul Sorrie ;
Lachlan Oates;
Matthew Turner;
David I Houston;
David Murphy (M 40);
Martin Graham;
Andy Little (M 50);
Jethro Lennox;
Casey Morgan;

William Breckenridge (M 45);
John J Duffy (M 50);
Mark McColl;
Gerard Mason (M 50);
Thomas Owens;
Scott Kennedy (M 40);
Stephen Clark;
Michael Gillespie;
William Coyle (M 50);
Kenny Richmond (M 45);
Craig Tomison;

Adam Peters;
Clement Eliot;
Michael Deason;
Bill Winning (M 40);
Andrew Kirkhope (M 50);
Alasdair McLeod;
Denis Williams (M 50);
Gary Turner (MU20);
Adam Lee;
Kevin Brydon;

Oleg Chepelin;
Tewoldeberhan Mengisteab;
John Oates (M 55);
Matthew Sullivan;
Walter Henderson (M 45);
John Connaghan (M 45);
Brian McGarrity;
Ian Johnston (M 45);
Brian Robertson;
Keiran Docherty;

81

Strathearn H

Roger Goddard (M 40);
Wattie Mackay (M 50);
Chris Clarke;

Charlie Grimson (MU20);
Jim McConnel (M 50);

Tony Wayte (M 55);
Alexander Storey;

Phil Mestecky (M 45);
Andrew Greaves (M 40);

82

Teviotdale H

Iain Williams (M 40);
Alex Corbett (M 45);
Alan Coltman (M 45);

Rory Anderson;
Kyle Potts (MU20);
Ged Smith (M 50);

Bruce Hughes;
Alan Inglis (M 45);
Alister Biggar (M 40);

Stewart Fraser;
Scott Watson;
Craig Grieve (M 45);

83,84

VP-Glasgow AC

Ralph Connolly (M 50);
Martin Hayes;
Tom Ord (M 55);
Adam Redpath;

Gerard Craig (M 45);
Peter Jardine (M 45);
Alex Potter (M 50);
Gavin Wright (M 45);

Ian Dunnn (M 45);
Andrew Law (M 55);
Max Ralston;
David McCormack (M 50);

Fraser Glass (MU20);
Damien Moore;
Duncan Thomson (M 40);

164,165,166,167,168

Fife AC

Megan Crawford;	Jennifer Cruickshanks;	Katie Jones;	Jennifer Kibble;
Alison McGill;	Amie McKimmie;	Sophie Mullins;	Stephanie Pennycook (FU20);
Halina Rees;	Angela Richardson;	Helen Sharpe;	Annabel Simpson (FU20);
Innes Bracegirdle (F55);	Addy Gerrard (F55);	Sandra Aitken (F55);	Abigail Bender;
Beverley Gibson (F40);	Angela Howe (F40);	Sarah Legge (F40);	Margaret McLaren (F55);
Keren Macpherson (F45);	Margaret Martin (F55);	Irene Pennycook (F55);	Hilary Ritchie (F50);
Jenny Tan;			

169,170

Gala H

Dawn Grant (F40);	Fiona Shepherd (F45);	Eileen Maxwell (F50);	Kirstin Maxwell;
Fiona Dalgleish;	Gillian Duncan (F40);	Rachel Fagan (F40);	Nicola Porterfield;
Anya Campbell (F45);	Anne Weir (F40);	Kate Jenkins (F40);	Jennifer Forbes (F40);

171,172

Garscube H

Morag Casey (F40);	Marian Kelly;	Lesley Chisholm (F40);	Jill O'Neil (F40);
Charlotte Wilson;	Ann White (F60);	Martha Lovatt;	Yvonne Green (F50);

173

Giffnock North AAC

Susan Hancock (F60);	Mary McCutcheon (F50);	Terry Nimmo (F50);	Louise Shaw;
Susan Marsh;			

174

Helensburgh AAC

Janet Fellowes (F55);	Michelle Hetherington (F50);	Madeline Robinson (FU2	Rebecca Beale;
Rebecca Parry;	Carole Barrie (F45);	Maria Dye (F45);	Helen Crooks;
Laura Johnstone;	Natalie Stevenson;		

175,176,177,178

Hunters Bog T

Eilidh Anthony;	Emma Baker (F40);	Carrie Craig;	Briony Curtis;
Hannah Devey;	Aileen Fletcher (F55);	Katherine Golding;	Claire Gordon;
Rachel Haines;	Rowena Halliday (F45);	Jane Hart;	Rachel Heathcote;
Amelia Hope-Jones;	Amy Jennings;	Mairead Kelly;	Zoe Kemp (F40);
Sarah Louise MacIsaac ;	Morag McClelland;	Shona McIntosh;	Eilis McKechnie;
Megan Mowbray (F40);	Phyllis O'Brien (F55);	Sinead O' Malley;	Sarah O'Neil;
Sandra Rathjen (F40);	Janice Smith (F55);	Rosie Smith;	Sheila Strain (F65);
Zoe Strong;	Kata Tar;	Abby White;	Megan Wright (F40);

179

Inverness H AAC

Mhairi MacLennan (FU20	Sarah Liebnitz;	Jenny Bannerman;	Catriona Maree Fraser;
Caroline Marwick;	Helen Gertig;	Emily Tomlin;	

180,181

Kilbarchan AAC

Catherine Stewart;	Jennifer Rooney;	Leanne Hamilton;	Sarah Dempsey (FU20);
Gemma Rankin;	Hayley Haining (F40);		

182

Kilmarnock H&AC

Kara Tait;	Paula Wilson (F45);	Laura Carruthers;	Colleen Tait;
Lindsay McMahon (F40);	Rosemary McMillan (F50);		

183,184,185

Kirkintilloch O

Annmarie McCaffrey (F4	Michelle Humphreys (F40);	Shirley MacNab (F45);	Susan Addison (F50);
Maggie Keenan;	Angela Fenner (F45);	Pamela Parker (F45);	Debs Lindsay (F50);
Marie McChord (F55);	Anne Marie McGregor (F40);	Ada Stewart (F50);	Pauline Younger (F50);

Julie Nelson (F45);	Ausrine Ward;	Elaine Hogg (F45);	
186,187,188			
Lothian RC			
Lana Turnbull;	Edel Mooney (F40);	Jocelyn Moar;	Christine MacVarish (F40);
Mhairi Inglis;	Chloe Cox;	Jo Williams;	Sarah Inglis;
Yvonne Crilly (F40);	Christine Milne;	Kirsty McMeechan;	Lynne Murray (F50);
Shona Young (F45);	Saran Jones (F50);	Margaret Turnbull (F55);	
189,190			
Metro Aberdeen RC			
Fiona Rudkin;	Claire Barrie;	Kayleigh Jarrett;	Claudia Scragg;
Irina Thompson;	Naomi Sharp;	Siobhan Prise;	Ingrid Machell;
Alison Mathers (F 40);	Clare Russell (F40);	Dawn Jaffrey (F 45);	Isabel M. McDonald (F50);
Petra Hampton;	Valerie Wilson (F45);	Kara McCurrach;	Suzy Watson;
Jill Bonthron;			
191,192			
Motherwell AC			
Phyllis Hands (F55);	Clare Hughes;	Susan Stewart;	Emma Stevenson;
Clare Barr (F45);	Vicki Wright;		
193			
Ron Hill Cambuslang H			
Kirsty Anderson;	Caitlin Hendry;	Alexandra Lamond;	Katie Bristow;
Mairi Brown;	Sarah Millar (FU20);	Rebecca Bonomi (FU20);	Eve MacKinnon (FU20);
194,195			
Shettleston H			
Avril Mason (F40);	Jessica Oliver-Bell;	Ruth Joss;	Carole Setchell;
Charlene McCallum;	Emma Dunnnett (FU20);	Stella Winters (FU20);	Shona Robertson (F40);
Joanne Harkins;	Shannon McLellan;	Oonagh Dunnnett (FU20);	